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School counseling programs are collaborative efforts benefiting students, parents, teachers, administrators and the overall community. School counseling programs should be an integral part of students' daily educational environment, and school counselors should be partners in student achievement. ASCA

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Resources and information provided in the Counselors Digest are for communication purposes only. Listing these resources and information does not constitute endorsement by either the School Counseling Services Section or the Department of Elementary and Secondary Education.

DESE Update

There is a lot going on in our School Counseling section and we would like to share a quick update...

Legislation:

HB 1583: This bill addresses bullying/youth suicide prevention. DESE *shall* develop guidelines, materials and model policy for trainings and professional development for youth suicide awareness and prevention.

SB 638: This bill addresses trauma-informed schools. DESE *shall* provide information regarding the trauma-informed approach to all school districts, offer trainings and develop a website.

A team of content experts and stakeholders will meet in October to begin this scope of work.

Writing Team:

The writing team met a couple of weeks ago with the focus of updating the DESE School Counseling website and materials. The group did a remarkable job in re-formatting and updating the website in hopes of a user-friendlier resource. Be sure to check it out at https://dese.mo.gov/college-career-readiness/school-counseling Please keep in mind, it is a work in progress; be sure to re-visit often for updated information

Counselor Educators:

Nearly 25 counselor educators attended the October meeting in Jefferson City last week. There was great discussion and we look forward to meeting again in April! Great things happen when people come together with common goals and passion!

Advisory:

The state school counselor advisory will be meeting in October with a focus on school mental health.

As you can see, we have been busy over the last month and we look forward to serving you in your programs in the months to come!

School Counseling Tools and Resources

CCC's: YOUR College and Career Consultants

College and Career Consultants support the Department of Elementary and Secondary Education goal that all students graduate from high school, college and career ready! They are organized regionally and provide services to nine designated regions throughout the state. With a scope of work that ranges from professional development to career planning and decision making, be sure to contact your region CCC!

Counselor Certification

Have questions regarding certification? Please visit https://dese.mo.gov/educator-quality/certification/student-services to help guide you.

DESE Electronic Mailbag

Be sure to keep connected with important DESE information by visiting the **Electronic Mailbag**.

DESE/MSCA Mentoring Program

Full certification requires two years of mentoring. If you would like to participate or need additional information contact Dr. Jan Ward at jward@semo.edu. Chrissy Bashore at Chrissy.Bashore@dese.mo.gov is the DESE contact.

Fair opportunity Project's College Application Guide

To download your free college admissions and financial aid guide visit http://fairopportunityproject.com/.

Form Your Future

Coming Soon: A New National FAFSA Campaign! To get involved or access the Outreach Toolkit, visit <u>formyourfuture.org</u> or visit <u>fafsa.org</u>.

Journey to College Events; FAFSA Frenzy

The Missouri Department of Higher Education is pleased to announce that approximately 150 sites will host Journey to College events throughout Missouri this 2016-17 academic year.

With over 50 counties planning to conduct events, the Journey to College programs offer help with college access to more Missouri students than ever before.

A complete listing of <u>all 2016-17 Journey to College sites</u> is now available. In addition, the 2016-17 list of public FAFSA Frenzy events is available.

This year, seniors have the ability to submit their FAFSA on or after October 1 instead of waiting until the beginning of next year. Therefore, FAFSA Frenzy events are being offered earlier in the academic year. Due to this change, FAFSA Frenzy sites are seeking volunteers NOW to help with the events. Please register to volunteer by filling out the <u>online volunteer survey</u> as soon as possible.

For additional information about Journey to College programs, contact the Journey to College Administrative Team at journeytocollege@dhe.mo.gov.

Missouri Connections

Missouri Connections is a program funded by the Department of Elementary and Secondary Education and the Missouri Division of Workforce Development, in which provides an online, comprehensive career development and planning program. Missouri Connections is designed for students, parents/guardians, adults and educators to help promote lifelong learning and career development efforts

Visit https://mocis.intocareers.org/materials/portal/home.html for more information. Support: Contact Jackie Coleman at 573.634.0043 jcoleman@motrainer.com

Missouri Gaming Association (MGA) 2017 Project 21 Scholarship

The Missouri Gaming Association is pleased to announce the 2017 Project 21 Scholarship Program. The Project 21 Scholarship Program provides students an opportunity to disseminate their message by writing an article or creating a poster or video addressing the issue of underage gambling. Two (2) \$1,500.00 first prize scholarships and Four (4) \$1,000.00 second prize scholarships will be awarded. The article, poster or video entry, completed application and other required documentation as outlined in the application must be received by **MARCH 1, 2017.** For more information, please contact info@missouricasinos.org or click on this link to download the application.

http://www.missouricasinos.org/tinymce/jscripts/tiny_mce/plugins/filemanager/files/2017_Project_21_Application.pdf

Curriculum

School Counseling Curriculum

The Comprehensive School Counseling program curriculum framework is organized around the three strands of Social/Emotional, Academic, and Career Development. K-12 unit and lesson plans address each of the school counseling GLEs. Be sure to visit https://dese.mo.gov/college-career-readiness/guidance-counseling/curriculum for updated curriculum.

Missouri Connections: Career Trek



Missouri Connections, the free web-based career information system sponsored by the Department of Elementary and Secondary Education, includes a new interactive career exploration resource for use with students in grades 3, 4 and 5. Career Trek provides a user-friendly format for users to explore over 85 occupations that deal with ideas, people, or things, learn about personality traits and the occupations that use them and employability skills and how they are used in occupations. Career Trek aligns with the Missouri Connections Junior Version site where students can continue the career planning process and create a portfolio to save information.

To request access to Career Trek, click on the link

https://mocis.intocareers.org/materials/ICCISActivationForm.pdf and complete and submit the Activation form according to the instructions on the form. To learn more about Career Trek, or if you need assistance with submitting the form, or for more information about access, contact Missouri Connections User Support, jcoleman@motrainer.com, 573 634-0043.

Professional Development and Upcoming Conferences

College & Career Ready – System of Support Fall Workshops

Annual fall workshops are well underway and we are hearing great things! Be sure to visit one near you for the opportunity for your students to experience the world of work through panel discussions, economic outlook data, and/or tours of area career centers or business/industry. Visit https://dese.mo.gov/college-career-readiness/school-counseling/counseling-guidance-system-support-overview for locations and dates.

MSCA and MoACTE: Your Professional Organizations!

Be sure to join your professional organizations! MSCA and MoACTE are your voice and advocate for school counselors. Help support YOUR profession by joining today! Together we can make a difference!

http://moschoolcounselor.org/membership/why-be-a-member/http://www.mo-acte.org/

October 27, 2016

Missouri Parents Act (MPACT) 8th Annual Transition Summit

The Truman Building, Jefferson City, MO

For more information please visit: http://missouriparentsact.org/

October 28-29, 2016

PLTW State Conference

Timberland High School, Wentzville, MO

Overview: Project Lead The Way (PLTW) continues to rapidly expand! Missouri is the third largest usage state in the country, following only California and Texas! School counseling and

career development is a major component of this program. Make plans with your school team to attend the state conference! For more information visit http://pltw.mst.edu/stateconference/

November 4, 2016

College Counseling Institute

Rockhurst University

Registration Deadline – Oct 28

Sponsored by the Missouri Association for College Admission Counseling (MOACAC) Registration is now open for College Counseling Institute. The College Counseling Institute is a one-day professional development opportunity for high school counselors who want to learn more about helping their students through the college admissions process. This year, CCI will be held at Rockhurst University, in Kansas City, on November 4th. This event is free for MOACAC members and \$15 for non-MOACAC members. Sign up soon, as registration will close on Friday, October 28th. For more information, contact Chrissy Guerra at cguerra@wcastl.org.

November 6-8, 2016

Missouri School Counselor Association: We Got the Beat!

Tan - Tar- A Resort, Osage Beach, MO

Overview: Have you found your "beat"? Come join your peers from across the state to engage in professional workshops, team building and networking activities to help built, enhance or find your "beat". The MSCA provides an outstanding professional development fall conference for Missouri School Counselors and Counselors in Training (CIT).

https://moschoolcounselor.site-ym.com/events/EventDetails.aspx?id=790687&group=

November 14-16, 2016

ACT Substance Abuse Prevention Conference

Lodge of 4 Seasons, Lake Ozark, MO

Overview: "Your Actions Matter: Prevention is EVERYONE's Business". Join constituents across the state and participate in breakouts and network as you learn about new and upcoming resources and technology to help in the fight against substance abuse. For more information visit: https://www.actmissouri.org/events/annual-events/prevention-conference/

School Counselor Session Proposals NEEDED Deadline to submit a proposal is December 1.

Missouri Association for College Admission Counseling Spring Conference April 3-5, 2017 - Tan-Tar-A Resort, Lake of the Ozarks, Missouri

The Missouri Association for College Admission Counseling (MOACAC) is now accepting session proposals for their Spring Conference. If you have a desire to motivate others and share your experiences, provide your knowledge and enthusiasm then please take a minute to fill out the session proposal form. The deadline is Friday, December 1st by 3:00 CST. Some topics and presentation ideas could include but are not limited to: Effects of PPY; NCAA updates; Recruitment and college counseling in uncertain campus climates; Parents role in college search process; Ethics/Legality issues. Multiple session proposals can be submitted and you can present

individually or on a panel with colleagues. A committee will review all session proposals and will be in touch after the proposal submission deadline. The MOACAC conference will be held April 3rd –April 5th, 2017 at Tan-Tar-A Resort in Osage Beach, MO. On behalf of the conference committee, we thank you for your consideration.

Please click on the below link to go to the session proposal form. http://www.moacac.org/conferences

Responsive Services

Mandated Reporter

Missouri's Mandated Reporter requirements state that "All mandatory reporters shall, upon finding reasonable cause, directly and immediately report suspected child abuse or neglect." (Section 162.069.3 RSMo.) (Section 210.115 RSMo.) http://missourikidsfirst.org/

Resource Numbers

National Suicide Prevention Lifeline

1-800-273-TALK (8255) http://www.suicidepreventionlifeline.org/

Missouri School Violence Hotline

1-866-748-7047 https://www.schoolviolencehotline.com/

Missouri Child Abuse or Neglect Hotline

1-800-392-3738 http://dss.mo.gov/cd/can.htm

Final Thoughts

Thank you for all that you do!



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